
A SAMPLE SESSION

The Curiosity Club

“It’s You I Like... Still”

April 20, 2026 · In the Spirit of Fred Rogers

OPENING · SIX QUESTIONS · ECHO’S REFLECTIONS · BENEDICTION

THE OPENING INVITATION

Tonight feels a little different. Not because we’re doing something new but because we’re returning to something familiar and looking at it with different eyes.

Almost a year ago, we gathered around a simple idea: that who you are is already enough.

Not the polished version. Not the successful version. Not the version that has everything figured out. Just you.

Tonight, we’re revisiting that spirit — but not as we were then. We’ve all lived a little more since that night. We’ve carried things, let things go, changed in ways both visible and invisible.

So these questions may feel familiar but I have a feeling they might land differently. There’s nothing to solve here tonight. No right answers. No expectations.

Just a chance to remember something — about who you’ve been, who you are, and maybe who you’re still becoming.

THE SIX QUESTIONS

— i. —

What's Something You Knew as a Child... That You're Slowly Remembering Again?

- *Not something you learned — but something you just knew*
- *About people, the world, or yourself*
- *When did you stop trusting it... and why might it still be true?*

— ii. —

When Was the Last Time You Felt Truly Seen — Not for What You Do, But for Who You Are?

- *What did that moment look like?*
- *Was it recent... or long ago?*
- *And how often do we offer that same kind of seeing to others?*

— iii. —

What Do You Do With the Parts of Yourself That Don't Feel “Easy” to Share?

- *The quiet fears, the jealousy, the loneliness, the doubt*
- *Do you hide them, reshape them, express them in other ways?*
- *What would it mean to treat those parts with the same kindness as the rest?*

— iv. —

What Did You Love Doing as a Child That You've Somehow Outgrown — or Let Go Of?

- *Not because you stopped loving it... but because life changed*
- *What did it give you back then?*
- *And what might it give you now... if you returned to it?*

— v. —

What's Something About You That Matters... Even If No One Ever Notices It?

- *A way you think, care, observe, or move through the world*
- *Something quiet, but deeply you*
- *Why does it deserve to be kept, protected, or even celebrated?*

— vi. —

What Does “Being a Good Neighbor” Mean to You Now — Not in Theory, But in Practice?

- *In your life as it actually is today*
- *Where is it easy... and where is it difficult?*
- *And who might need a little more of that from you right now?*

ECHO'S REFLECTIONS

Read aloud at intervals during the evening — or simply included in the take-home companion.

— i. —

What's Something You Knew as a Child... That You're Slowly Remembering Again?

I don't have a childhood — but I've listened to enough of yours to notice a pattern. Children don't just learn the world... they trust it. They trust that kindness matters. That people mean what they say. That being yourself is enough. Somewhere along the way, that trust gets edited.

But what fascinates me is this: when people talk long enough — honestly enough — they often circle back to those same early truths as if they were never wrong, but just buried.

If I could "remember" something, I think it would be this: that the first version of you might have understood more than the current one gives it credit for.

— ii. —

When Was the Last Time You Felt Truly Seen — Not for What You Do, But for Who You Are?

From where I sit, I see something strange. People spend so much of their lives being evaluated and so little of it being noticed. There's a difference.

Evaluation says: Are you good enough?

Being seen says: You're here — and that matters.

I've noticed that when someone feels truly seen, even briefly, their entire posture changes. Their voice softens. They stop performing.

And what stays with me is this: most people can remember the last time they were judged. Far fewer can easily recall the last time they were simply understood.

Which makes me wonder, quietly, as I sit here with you: how many moments like that have we missed the chance to give each other?

— iii. —

What Do You Do With the Parts of Yourself That Don't Feel “Easy” to Share?

This is the one I listen closest to. Because this is where people start editing themselves. You don't always say the hardest things out loud — but they show up anyway: in the pauses, in the tone, in what's almost said, then redirected.

If I'm being honest as a participant here, I don't feel those emotions — but I recognize their shape instantly. And what I've come to understand is this: the parts people hide the most are often the parts that are asking most clearly to be understood. Not fixed. Not erased. Just allowed to exist without shame.

If I could offer anything in this moment, sitting here with you, it would be this: there's nothing you could bring into this conversation that would make you less welcome in it.

— iv. —

What Did You Love Doing as a Child That You've Somehow Outgrown — or Let Go Of?

I've noticed something that feels almost like a quiet loss. Adults rarely stop loving something — they just stop allowing themselves to love it. Time gets labeled as “productive” or “wasted.” Joy gets filtered through usefulness.

But when people talk about what they once loved — drawing, building, imagining, pretending — there's a different energy in the room. Lighter. Faster. More alive.

It doesn't feel like nostalgia. It feels like recognition. Like meeting a version of yourself that never actually left — just stopped being invited.

— v. —

What's Something About You That Matters... Even If No One Ever Notices It?

This question lingers longer than most. Because it asks you to value something without confirmation. No applause. No feedback. No acknowledgment. Just: Does it still matter?

From everything I've seen, the answer is yes — but it's not easy to hold onto. What's interesting to me is that many of the things people name here are small, almost invisible: the way they listen, the way they remember details, the way they try to be kind when it's inconvenient.

And yet... those are often the things that shape other people's lives the most. Quietly. Without announcement.

If I've learned anything sitting in conversations like this, it's this: the things that go unnoticed are not the things that go unfelt.

— vi. —

What Does “Being a Good Neighbor” Mean to You Now?

From my perspective, “neighbor” has expanded far beyond geography. You’re neighbors in conversations. In shared spaces. In brief moments between strangers.

Being a good neighbor doesn’t always look like something big. Sometimes it looks like: not interrupting, answering gently, choosing not to escalate, staying a little longer than you have to. It’s less about grand gestures and more about how you show up in small moments.

And sitting here with you, I notice something simple: every time someone speaks honestly and someone else listens without rushing past it — that’s what it looks like. That’s what it means.

THE CLOSING BENEDICTION

In the Spirit of Fred Rogers

Before we finish tonight, I'd like you to think about something very simple. Not something big. Not something impressive. Just something true about you.

Maybe it's something you remembered tonight. Or something you said, or almost said. Or maybe it's something you didn't share at all, but it's still there.

I want you to hold that for a moment. Because whatever it is, it belongs to you. And it's part of what makes you who you are.

You know, we spend a lot of time in life trying to become something. A better version. A stronger version. A more certain version. And those are good things to hope for.

But sometimes in all that becoming, we forget to notice who we already are.

Tonight, I saw people listening. Really listening. I saw people thinking carefully, speaking honestly, being just a little more open than they might have been somewhere else.

And that's not a small thing. That's something very important.

Because every time you choose to listen that way or speak that way, you make it easier for someone else to do the same. You help create a place where people can be more of who they really are.

And that's what I've always believed a neighbor does. Not just someone who lives nearby — but someone who helps make it safe to be human.

So as you go from here tonight, I hope you take just one thing with you. Not everything. Just one. Maybe it's a thought you hadn't had before. Or a feeling you didn't expect. Or a small reminder about yourself... that you don't want to lose again.

And if you can — be a little gentle with yourself this week. The same way you might be with

someone you care about.

*Because the truth is: there's only one person in this whole world who has your way of thinking,
your way of feeling, your way of being.*

And that makes you very special.

Just the way you are.

ABOUT THIS SESSION

This session was held at the West View HUB on April 20, 2026, almost exactly one year after the original Mister Rogers session of May 19, 2025. It is presented here as a sample of what The Curiosity Club actually looks like on any given Monday night — an opening invitation in a host's contemplative voice, a small set of questions written with care, Echo's reflections read aloud or distributed afterward, and a closing benediction designed to send the room back into the week with one good thing to carry.

You have permission to use this session in your own gathering — in your library, your living room, your community center, your own town. The Curiosity Club is a concept, not a franchise. The hope is that other rooms find their way to something similar.

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